



Find-a-word

# YOUR AMAZING BODY & MIND

H	E	A	R	I	N	R	E	T	A	W
L	H	U	M	A	N	N	I	A	R	B
L	R	E	A	G	M	A	C	B	G	O
E	S	I	A	T	O	L	O	S	H	N
M	E	R	H	R	T	I	N	N	T	E
S	N	E	I	D	T	V	T	E	S	S
S	S	A	N	O	E	E	R	Y	L	E
L	E	A	E	O	R	O	O	E	L	C
L	S	O	S	L	N	T	L	O	E	E
E	O	R	G	B	A	N	S	A	B	R
C	O	U	C	S	E	U	S	S	I	T

**Instructions:** Find the underlined words in the above find-a-word.

The human body is a complex machine. It is made up of cells, organs and tissues. Around 70% of the body is water. A baby is born with 270 bones, and this decreases to 206 by adulthood. The brain is the control centre and takes in information from the five senses (sight, hearing, smell, taste and touch). The heart pumps blood around the body, keeping you alive.