

BODY ORGANS

Your tinana (body) and hinegaro (mind) are simply amazing! Our important organs work hard 24/7 to help you to be full of energy and hauora (wellbeing) to tākaro (play), ako (learn) and tipu (grow).

Do you know what each one does?

Instructions: Match the functions to each organ.

Helps us breathe by taking oxygen in, and sending carbon dioxide out.

Takes waste out of the blood and makes urine.

A small and large part that absorbs food and water, and excretes waste.

Pumps blood around the body to keep us alive.

Digests food.

Cleans our blood, produces bile, and stores sugar.

The control centre for speech, coordination, memory, thoughts and emotions.

Stores and releases urine.

