



TAKU WHAKAŪ

Ingoa:

Whakamahia te aratohu "whakaū" hei tohu i tō āhua ināiane. Kātahi ka whakaū anō i te mutunga o te Zespri Young and Healthy Virtual Adventure kia kitea ai ētahi panonitanga.

	I mua Rangi: _____	I muri Rangi: _____
Ka kori rānei ahau mō te 60 miniti neke atu, ka eke rānei aku tāwhai ki te 8,000 i te rā?		
Ka roa aku moe i te nuinga o te wā? (Takiwā o te 9-10 haora)		
Ka nui rānei taku inu wai i te nuinga o ngā rā (ka pai te 5-9 kapu)		
I te nuinga o ngā rā, ka; • kai huarākau, huawhenua rānei ahau, hei tauira, he kāroti, he puananī?		
Ka iti iho i te 2 haora taku noho ki te pūrere i ia rā (he pai ake ina he iti iho i tērā)?		
Ka whai wā ahau ki te whai whakaaro, ka hā tūoho, hei whakatau, hei whakahohe rānei?		
Ka whai Huaora "N" ahau i te nuinga o ngā rā, hei tauira, te noho ki waho, ki te taiao		

Mō ētahi whakaaro, me peka atu ki
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