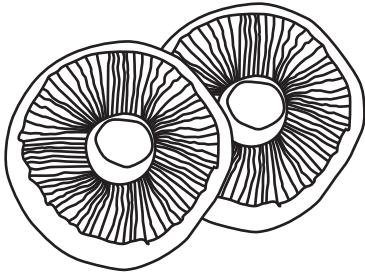


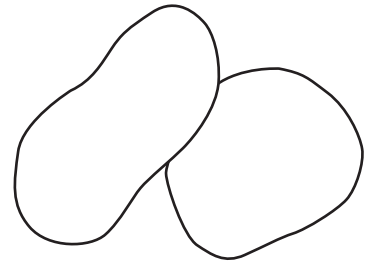
Mix and Match

Match the fruit or vegetable with their descriptions.
Enjoy colouring the page.



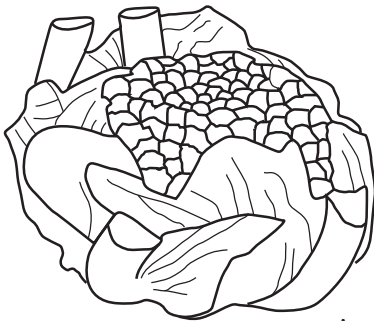
Mushroom

Belongs to the brown/white colour group.
It has its own natural packaging.
We import them.



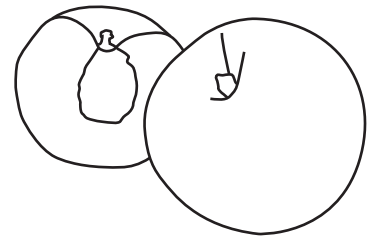
Potato

It is green and has a white head.
We eat the head of the plant.
It is a close relative of broccoli.



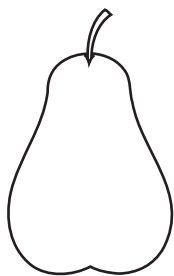
Cauliflower

You don't want to drop this on your toe!
The flesh is orange and there is a nest of seeds inside.



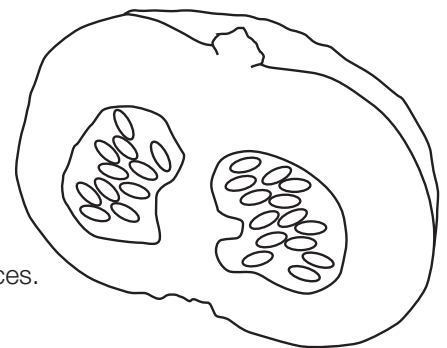
Peach

This can be green, brown, golden or even red.
Sweet tasting and good for a healthy heart.
A common saying if something goes wrong "it has gone ____ shaped".



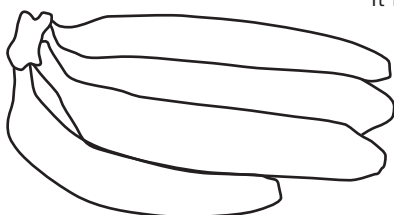
Pear

It is really a fruit, but often called a vegetable.
It is very good for a healthy heart.
This fruit is often used to make sauce.



Pumpkin

This is the number one vegetable in New Zealand.
It grows in the ground and likes to be stored in dark places.
It is more nutritious when eaten with the skin on.



Banana

This is a member of the fungi family.
It has a cap and gills making it different from other vegetables.



Tomato

This is a member of the stone fruit family.
It has a fur coat.
It is full of vitamin C which helps to keep colds away.

Can you make up your own mix and match, using different fruit and/or vegetables?